#### WPC Meeting Minutes September 13, 2018 4:00 p.m.

- 1. Introductions/Attendance
  - a. Joan Chiarello, RD, SNS-DVUSD Food & Nutrition Director
  - b. Nona Bennett, RDN-DVUSD Food & Nutrition Coordinator
  - c. Danielle Anderson, M.ed, DTR-DVUSD Wellness Specialist
  - d. Alexandra Stolworthy-MCDPH Dietetic Intern
  - e. Chris Hick, RD-Parents & Maricopa County Public health
  - f. Julie Pruitt-DVUSD-Kitchen Manager
- 2. Update on Policy
  - a. Recess Revision
    - i. Policy revision was tabled at the board meeting on 9/11/2018.
    - ii. Revision includes new recess standards of 2 per day.
    - iii. Discussion of length of time of recess and timing during the day.
    - iv. Would like length specified in policy.
- 3. School Wellness Conference- Nona
  - a. Recap of conference
    - i. LWP conference nad LSW orientation held end of August
    - ii. Worked on revising AAT
    - iii. School AAT will make assessment easier on school level
    - iv. ADE Report template was shown and discussed
    - v. Resources from conference will aid in implementation of LWP.
- 4. Leaders in School Wellness Subgrant-Danielle
  - a. Introduction
  - b. Overview
    - i. Basic outline of grant
  - c. In the works
    - Nutrition education is underway with first lesson being completed in 2 out of 3 school
    - ii. Smarter Lunchroom assessments completed in 8 schools
    - iii. Data collection for this period is complete
    - iv. Team Nutrition signage is up in qualifying schools
    - v. Plant starters presented to several schools
    - vi. Wellness Twitter account
  - d. In the plans
    - i. Taste tests to begin next week
    - ii. Lucky tray day with Blender Bike sponsored by Give Garden in grant schools for NSLW
    - iii. Valley schools wellness presentations scheduled to grant schools and F&N staff.
- 5. ADE Activity and Assessment Tool-Nona
  - a. Report-being completed and will be posted on website by end of September
  - b. New revision of tool-Danielle and Nona will meet next week and begin second revisions.
  - c. Wellness tabs on webpage will house documents for public view
- 6. Additional Discussions
  - a. PTO/PTA compliance with smart snack standards

- i. Nona has been trying to get on monthly meeting agenda
- ii. Frustration voiced at schools that follow standards that it is not consistent across district

#### b. AMGs

- i. Current AMG's need revision
- ii. Complete revisions on 2-3 AMGS's to be presented this year.
  - 1. Hydration, Food & beverage Marketing and 1 additional

## c. Maricopa County

- i. Partnering with No Child Hungry
- ii. Grocery store tours-available for parents at schools in the future
- iii. Organized recess kits-information to be provided

### d. Future idea

- i. Suggested athlete snack packs for sale in MS/K-8 for bus rides
- ii. Haley Heart Center-American heart Association-great field trip location

# 7. Meeting adjourned

a. Next WPC meeting December 5, 2018 at 4:00 p.m.